

# BRAINWAVES

## The KSISA Quarterly Newsletter

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The Kentucky and Southern Indiana Stroke Association (KSISA) educates people throughout Kentucky and southern Indiana each year

## **Extravaganza Tasting Event Deemed A Success**

AUGUST 25, 2015 THE OLMSTED at Masonic Homes - The Annual Extravaganza Tasting Event was a big success. Judging by the smiles on the faces of over 300 guests and the excellent array of food and drink, the board and staff were quite pleased.



Emcee Jennifer Baileys of WLKY News did a wonderful job at engaging the crowd and everyone was touched by the story of our honoree Kevin Ratliff. We had over 85 beautiful auction items in various price ranges donated from our community supporters, 24 fabulous area restaurants and spirit distributors and also held our first raffle for a Kate Spade purse (congratulations Stephanie Metzroth), Kenny Perry golf package (congratulations John Eckert) and a Pebble watch (congratulations Cyndi Caldwell).

You can view all the fabulous photos HERE from the event, and thank you to Alee Solutions for providing the photography gallery.

If you didn't make it this year, please plan to purchase your corporate table or individual tickets early next year. We hope to add forty more seats and are already planning ways to make **Tuesday**, **August 23, 2016** even better! Mark your calendars now.

# **Adventure Days Stroke Camp going strong**



Thanks to **Southern Indiana Rehab Hospital**, Adventure Days Stroke Camp is in its 20th year! It is one of very few camps in the U.S. for stroke survivors. We can never say enough wonderful things about the planners, staff and volunteers who coordinate this each year.

Survivors eagerly await the announcement of camp dates each year, and 2015 is already full (September 24 through 26th). The Kentucky and S. Indiana Stroke Association is proud to be a camp sponsor for over 10 years, donating scholarship money to help ease the burden of cost associated with producing this wonderful

on various topics surrounding stroke.

We invite you to help support the KSISA mission and dedication to the prevention of stroke through education and awareness. We have experienced wonderful volunteerism and support over the years, and we look forward to touching many more lives.

Contact us at 502.499.5757 to learn how you can help!

Yvonne Adkins, KSISA Board President program. If you are interested in attending stroke camp next year, please call 812-941-6154 to get on the mailing list.

## Support KSISA by Shopping at Kroger

If you signed up last year to support us through Community Rewards shopping at Kroger, you will need to



re-enroll. If you haven't already done so, please go to <a href="www.kroger.com">www.kroger.com</a> and log in to your account. Scroll down and you can easily re-enroll to support us by clicking on re-enroll. If you are new, please create an account by entering your kroger card number and then go to "community rewards" and search for stroke. We should pop up and you may choose us as your charity. Thanks to everyone for supporting us just by shopping. We rely on community donations to continue our educational efforts.

Give Local Louisville is Thursday, October 1

For 24 hours on Thursday October first, the internet will be buzzing with Give Local Louisville, sponsored by the Community Foundation. We are proud to be a part of this major charity giving day. Our donation page is ready and we hope to have many supporters visiting that day. We greatly appreciate any donation, no matter how big or small. Feel free to tweet about us, send our link out on facebook or instagram, or forward it to your friends, family and colleagues. Just visit this link on Thursday, October 1 at GIVE LOCAL LOUISVILLE



## **MARK YOUR CALENDARS**

### STRIDES FOR STROKE WALK OCTOBER 4, 2015 at EP TOM SAWYER PARK

Sunday, October 4 will be the **6th annual Strides for Stroke walk at EP Tom Sawyer Park at 1 p.m.** Note that we have moved this event from Brown Park. Registration and photos begin at noon. Everyone is welcome! We will also have a 5K this year for our running enthusiasts. You may join us solo, start a team or just support others that are participating. CLICK HERE to get started.

The \$30 registration for the 5K includes a shirt. Walkers can register for \$15 and get an official walk T-shirt if you raise \$50 or more! Come out to EP Tom Sawyer Park and walk or run with KSISA, or just stop by Oct. 1.

Join our facebook page for walkers and runners as well, a fun forum to connect with others.

# **Kentucky and Southern Indiana Stroke Association**

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## SUBSCRIBE HERE!

The Kentucky and Southern Indiana Stroke Association is a 501c3 non-profit organization dedicated to the prevention of stroke through education and awareness.

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