

# Stroke Risk Assessment Tool

RISK FACTOR	LOW RISK	CAUTIONARY RISK	HIGH RISK
Smoking	<input type="checkbox"/> nonsmoker	<input type="checkbox"/> <b>Quitting</b>	<input type="checkbox"/> Smoker
Blood Pressure	<input type="checkbox"/> <120/80	<input type="checkbox"/> <b>120-139/80-89</b>	<input type="checkbox"/> >140/90
Atrial Fibrillation	<input type="checkbox"/> Regular Heartbeat	<input type="checkbox"/> <b>Unknown</b>	<input type="checkbox"/> Irregular Heartbeat
Cholesterol	<input type="checkbox"/> <200	<input type="checkbox"/> <b>200-239</b>	<input type="checkbox"/> >240
Weight	<input type="checkbox"/> Healthy Weight	<input type="checkbox"/> <b>Slightly Overweight</b>	<input type="checkbox"/> Overweight
Diabetes	<input type="checkbox"/> No	<input type="checkbox"/> <b>Borderline</b>	<input type="checkbox"/> Yes
Physical Activity	<input type="checkbox"/> 3-4 times week	<input type="checkbox"/> <b>1-2 times week</b>	<input type="checkbox"/> None
TOTAL SCORE			



KENTUCKIANA  
STROKE ASSOCIATION

# Stroke Risk Assessment Score Results

RISK FACTOR	LOW RISK	CAUTIONARY RISK	HIGH RISK
TOTAL SCORE	<input type="checkbox"/> You're on the right track at controlling your risk of stroke!  <b>6-8</b>	<input type="checkbox"/> You're at higher risk of a stroke! Be cautious not to allow elevation of these risks.  <b>4-6</b>	<input type="checkbox"/> Reach out to your healthcare provider asap you are at high risk. Act today!  <b>&gt;3</b>



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